



BETH EL  
SYNAGOGUE

# Welcome! Shana Tovah!

**ROSH HASHANAH • September 29-30, 2011 • 1 & 2 Tishrei 5772**

## Service & Program Times

### SHABBAT / ROSH HASHANAH DAY 1

Classic .....	9:00 a.m.
Spiegel Sanctuary	
Ivri .....	9:00 a.m.
Fiterman Chapel	
Family Service .....	11:30 a.m.
Victor Hall	
Minha .....	5:45 p.m.
Fiterman Chapel	
<b>Specials:</b>	
Teen Program .....	10:00 a.m.
Meet in Beth El Ring Lobby	
Apples & Honey .....	10:00 a.m.
Victor Hall	
Tashlikh .....	1:15 p.m.
Twin Lakes Park (26th Ave & Monterey)	

### SUNDAY/ ROSH HASHANAH DAY 2

Classic .....	9:00 a.m.
Spiegel Sanctuary	
Ivri .....	9:00 a.m.
Spiegel Sanctuary	
Sermon .....	11:00 a.m.
Spiegel Sanctuary	
Musaf .....	11:30 a.m.
Fiterman Chapel	
D'rash .....	10:00 a.m.
Victor Hall	

### DAILY MINYAN

Shaharit .....	7:00 a.m.
Ma'ariv .....	5:45 p.m.

### KOL NIDRE—OCTOBER 7

Classic .....	6:15 p.m.
Spiegel Sanctuary	
Ivri .....	6:00 p.m.
Fiterman Chapel	
Family Service .....	6:30 p.m.
Victor Hall	

### YOM KIPPUR—OCTOBER 8

Classic .....	8:00 a.m.
Spiegel Sanctuary	
Ivri .....	10:00 a.m.
Fiterman Chapel	
D'rash .....	9:30 a.m.
Victor Hall	
Teen Program .....	10:00 a.m.
Youth Lounge	
Apples & Honey .....	12:45 p.m.
Victor Hall	
Sacred Chanting .....	2:15 p.m.
Study .....	3:00 p.m.
Minha/Martyrology .....	4:00 p.m.
N'ilah/Ma'ariv .....	5:30 p.m.
Shofar Blowing .....	7:26 p.m.

## Sukkot Celebration 5772/2011

### • Sukkah S'khakh and Decoration Order

Order your sukkot s'khakh, including large bunches of cornstalks for \$12 each and sturdy hay bales for \$7 each. Pick-up from 12:00-2:00 p.m. on Sunday, October 9th at Beth El or have it delivered. To order by October 5th, call 612-743-4200 or go online to [www.bethelsynagogue.org/sukkot-order](http://www.bethelsynagogue.org/sukkot-order).

### • Sukkot Services with Kiddush in the Sukkah

**October 13 & 14 • 15 & 16 Tishrei from 9:00 a.m.-12:00 p.m.**

### • Calling all Kohanim for dukhening • 2nd day of Sukkot, October 14<sup>th</sup>

### • Sukkah Hop (Grades 5-12) — Thursday, Oct. 13 • 15 Tishrei at 12:00 p.m.

Following 9:00 a.m. services at Beth El Synagogue, join our entire youth community of 5th-12th graders in a tour of neighborhood sukkot for a progressive meal! Have questions or want to help? Contact Mollie Feldman at [mollie@bethelusy.org](mailto:mollie@bethelusy.org) or 952-873-7330. In partnership with HMJDS and open to ALL youth.

### • Sukkah Hop (Preschool and K-4th grades)

**Shabbat, Oct. 15 • 17 Tishrei at 12:00 p.m.**

Following 9:00 a.m. services, hop around the neighborhood with friends, visiting sukkot and enjoying snacks and activities! Have questions or want to help? Contact Mishe Livon at [mlivon@aol.com](mailto:mlivon@aol.com) or 612-227-5980.

### • 3rd Annual Sukkah "Hoe Down!"

**Saturday, Oct. 15 • 17 Tishrei from 7:15-9:00 p.m.**

Swingin' party of adults, with hoe-down Havdallah, square dance instruction from a professional caller, western-style appetizers and comfort beverages. Grab a partner or come by yourself and join in the fun! Just don't miss it!

### • Sunday, October 16 • 18 Tishrei

Beth El welcomes members of the Anjuman-e-Asghari mosque for 9:00 a.m. Sukkot services and a bagel breakfast in the sukkah. Join us to host our guests, to speak to them about Jewish tradition and to learn from them about their culture and religion.

### • Tuesday, October 18 • 20 Tishrei

Beth El welcomes students from Benilde-St. Margaret's for a day of study with Rabbis Davis and Olitzky in our sukkah.

## Raise the ROOF

### of the Beth El Sukkah

Sunday morning, October 9th @ 10 a.m.

*The work is more fun than it is hard, and you'll be doing a mitzvah!*

Email Craig Kupritz at [ckupritz@gmail.com](mailto:ckupritz@gmail.com) for more information.

*We'll also need help taking it down on Oct 23*

## THE BETH EL 2011 YOM KIPPUR FOOD DRIVE



1 in 10 households utilized the food shelves last year.

50,000 of food are needed each month.

THE NEED IS GREATER THAN EVER

AND YOU CAN HELP!

Beth El's food drive has an enormous impact on the food shelf.

Bring non-perishable food to the big truck at Beth El beginning Friday, October 7th

## What is L'shanah Tovah U'Metukah?

It's always nice to wish someone a Good Year, just like we wish someone a Good Shabbas. But why the need to add Sweet (*U'Metukah*)? Retired Naval Chaplain Rabbi Arnie Resnicoff offers the explanation that we add "sweet" because there are so many things that are "good" for us but hurt. Sometimes we have good in our lives that comes as a result of painful experiences and lessons. And so, as we offer each other a new year blessing, we pray that those lessons come from experiences that are good and sweet. -AO

# EDUCATION Torah

# SPIRITUALITY Avodah

## ADULT EDUCATION

Contact the Beth El office at  
952-873-7300  
for more information on any  
of these educational opportunities.



### "Am I A Good Jew?"

On God, Revelation,  
Who Wrote the Torah, and  
Why Knowing What You  
Think Can Change Your Life  
With visiting JTS Scholar  
Rabbi Abigail Treu

Join us on at Beth El at 4:00 p.m.  
on Mondays: November 14,  
December 12, January 30 and March 12

### Introduction to Judaism

For those exploring conversion or  
who just want to know more.  
Contact Rabbi Davis.

### Ongoing Study Groups

Join an existing group or create your own.  
Contact Rabbi Davis or Rabbi Olitzky.

### Nosh & D'rash Study Group

Eat and learn with Rabbi Olitzky from  
11:30 a.m.-12:30 p.m. on the 1st and 3rd  
Monday of every month at Beth El. Get a  
dose of Torah and a scrumptious lunch for  
just \$5. Next studies: October 3rd & 17th

### TaRBuT Parents' Hour

TaRBuT parents one-hour study on  
Shabbat mornings throughout the year.  
Nov 12, Dec 10, Jan 14, Feb 11,  
Mar 10, May 12  
Contact Mary Baumgarten.

The More Torah, The More Life  
*Pirkei Avot 2:7*

## Sacred Chanting

Deepen your connection to prayers that may be difficult to relate to, as well as your sense of general spirituality and well-being through this powerful meditation practice utilizing Jewish prayer texts. Taste the experience on Yom Kippur afternoon at 2:15 p.m. and then join us the first Tuesday of every month, beginning November 8th, from 6:30 – 8:00 p.m. in the Fiterman Chapel. No experience necessary! To sign up for monthly email reminders, contact Cantor Abrams at 952-873-7300.

## Shabbat Specials

- \* **Babysitting for 2-5 year olds**  
Available weekly from 9:45 a.m. Noon.
- \* **Sha'ar Program for K-4 graders**  
Available weekly, from 9:45 a.m. to Noon, this program includes stories, games, Junior Shabbat, snack and gym time, and takes place 52 weeks a year, free of charge.
- \* **Junior Shabbat for 2nd-4th Graders**  
With a focus on skills, choreography and the meaning of the t'fillot, this program—which occurs at 10:30-11:15 a.m. weekly—provides our students with a head start on becoming a bar or bat mitzvah. Parent volunteers welcomed.
- \* **Shorashim Religious School for Registered K-2 Graders**  
An exciting weekly Shabbat program that incorporates t'fillah, parsha, holidays, Jewish values, singing, etc. Contact Mary Baumgarten for more details at 952-873-7316.
- \* **Apples & Honey Family Service (Toddler - 4th grade)**  
Beginning Nov. 5th, families are invited to enjoy this abbreviated, informal, participatory Shabbat morning service on the 1st Shabbat of each month from 10:00 – 11:00 a.m.
- \* **Grandma Fay's Shul Bags**  
Hanging outside of the Sanctuary, these bags contain "quiet toys" to enable children to have a fun and educational time experiencing Shabbat and holiday services with their parents.
- \* **Iyun T'fillah**  
Sign up to receive notifications for this special service that is designed to nurture the soul and open ourselves deeper into prayer. Send an email to Cantor Abrams at [aabrams@bethelsynagogue.org](mailto:aabrams@bethelsynagogue.org).
- \* **Yad B'Yad Children's Choir (1st – 4th grade)**  
Meets every other Shabbat after services from 12:30-1:00 p.m. beginning November 5th. Contact Cantor Abrams for more information.



## Zimriah Festival

December 10, 2011 (Time to be announced)

Don't miss a celebratory event for our year-long Beth El Sings Initiative, featuring live band with special guest musicians and performances by YOU!

TO VOLUNTEER  
Contact Jill Bluskin  
at 612-298-9563 or  
[jbluskin@comcast.net](mailto:jbluskin@comcast.net)



"Beth El Sings" is supported in part by a grant from the Legacy Heritage Foundation Innovation Project of Legacy Heritage Programming, an affiliate of the Legacy Heritage Fund.

# ACTS OF KINDNESS Gemilat Hesed

## Upcoming Gemilat Hesed Opportunities

To find out more ways to help with Tikkun Olam (Healing the World), contact chair Amy Weiss at 952-927-8202 or Barbara Krupp at 952- 544-4917.

### Invite to Pack - Feed My Starving Children

The next opportunity to pack food for distribution to countries in need Tuesday, November 15, 6:00-7:30 p.m. in Chanhassen.

For more information or to volunteer, please contact Norma Kaplan (new contact person) at skaplan6@comcast.net or 612-584-3099.

### Loaves & Fishes

We help provide a wonderful meal for people in need in South Minneapolis. Call Diana Rosen at 952-922-7389 to reserve a place on our serving team. The next opportunity to serve will be from 5:00-7:00 p.m. on Tuesdays, November 22 and on January 24, 2012.

### Ronald McDonald House Sunday Brunch Volunteer/Donation Opportunities

If you have never been to the Ronald McDonald House to serve a meal, it is truly inspiring and we encourage everyone to give it a try! If you don't have the time to volunteer, donating a portion of the meal is another great way to get involved. If you would like to be notified about future opportunities to volunteer or donate to the Ronald McDonald House, please email smg7381@gmail.com with your name and email address.

### STEP

Help unload the "Big Truck" after the Yom Kippur Food Drive and fill the STEP pantry on Monday, October 10 at 3:00 p.m. STEP is located at 6812 W. Lake Street, St. Louis Park, MN 55426. Phone: 952-925-4899.

### Knead A Hand!

We need volunteers to pick up and deliver daily leftover baked goods from Seven Stars Coffee Shop to local food shelves such as PRISM, located in Golden Valley, Sabathani Community Center in Minneapolis and The Greater Minneapolis Crisis Nursery. If you would like to volunteer for this mitzvah, even one day a month, contact Jo Ann Gruesner at jgruesner@gmail.com.



**Do you need a hand?  
We're here!**

**Call our Yad V'lev hotline at  
952-873-7300, ext 7350**

*Can you lend a hand? We need you!*  
Contact Margie Goldfine or Jo Ann Gruesner at  
952-873-7300, ext 7350 or jgruesner@gmail.com.

# COMMUNITY Kehilah

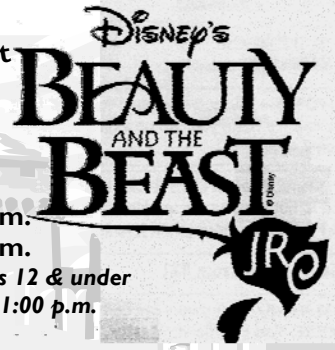
**SAVE THE DATES!**  
Beth El Youth Department  
presents...

December 15 · 7-9:00 p.m.

December 17 · 7:30-9:30 p.m.

December 18 · 2:00-4:00 p.m.

Special Character Lunch for kids 12 & under  
and their families on Sunday at 1:00 p.m.  
in the Victor Hall



Help support the play by placing an ad in  
our ad book. For details or to order tickets,  
email mollie@bethelusy.org or call  
952-873-7330.

CASTING BEGINS October 16 from 2:30-5:30 p.m. and  
October 17 from 7:00-8:30 p.m. There are many ways to be  
a part of this year's productions! Contact the Youth  
Department (listed above) for further information.

### Sunday Morning Minyan Breakfast Hevrah

Help bring the community together by sponsoring a Sunday Morning Breakfast following minyan services at 9:00 a.m. If you are interested in sponsoring a breakfast in memory of a relative, to honor a birthday, to celebrate an anniversary or just as a way to express care for the community, please contact Steve Moldo at 952-545-4198 or Lou Jurisz at 612-396-9270.

### Beth El Young Adults

Singles, couples, anyone in their 20s and 30s are all welcome to join the Beth El Young Adults. Happy Hours, Shabbat Dinners, Community Involvement... We have it all! Looking for community, good conversation, a spiritual connection, or Shabbat dinner? We offer something for everyone. So come on out, have a drink, make some friends and have a good time. For more information, go to [www.besyn.org/young-adults](http://www.besyn.org/young-adults), or find us on Facebook: Beth El Young Adults.

### Bethelders

Join the Bethelders at the Chanhassen Dinner Theater for a production of "Hairspray" on Wednesday, November 16th. Cost is just \$53 and includes bus ride, lunch and show. To learn more, or to rsvp by October 20th, call Freeda Golden at 952-922-6667.

### Knishes are still on sale!

You can get the BEST knishes in the Twin Cities ALL YEAR ROUND. Choose from all parve potato or rice knishes in trays of 12 for just \$16! To order and arrange for pick-up, call Nancy Kaplan at 952-217-5412.

## 2011 Burial Lot Sale

Beth El Memorial Park announces a limited time to purchase burial lots at very reduced prices through October 31, 2011.  
For more information, contact Superintendent Michael J. Morris at 612.998.0077 or michaeljmorris@comcast.net.

## Our 5772 at a Glance

### October

- 13 & 15 Sukkah Hops (see front)  
15 Sukkah Square Dance  
22 Yad Hazakah



### November

- 3 Aleph Preschool Book Fair  
5 Apples & Honey Monthly Family Svc begins

### December

- 10 "Beth El Sings" Zimriah Music Festival  
15,17,18 USY presents "Beauty and The Beast"  
21-28 Hanukkah (1st candle Dec 20)

### January

- 28 Aleph Preschool Family Fun Night

### February

- 4 BEMA Coffeehouse presents...

### March

- 4 USY Purim Carnival  
7-8 Purim Extravaganza

### April

- 7-14 Pesah (1st Seder April 6)  
17 "Inspiring Minds" Speaker Series presents Gloria Steinem

### May

- 9 Lag B'omer Bonfire  
18 Aleph Preschool Spring Shabbat Dinner  
19 Shabbat Hinukh  
31 Aleph Preschool Graduation  
26 Tikkun Leyl Shavu'ot (All Night Learning)  
Watch for... Stillman Torah Study Weekend

### June

- 2 Tiny Treasures

### August

- Watch for... Beth El End-Of-Summer Picnic

THIS  
SHABBAT

## "Mission Impossible? The Promise of Teshuvah."

Deepen your understanding of the true meaning of Yom Kippur by learning from a special guest darshan, renowned local scholar, Prof. Louis Newman. Join us this Shabbat Shuva for a special teaching during services. Louis Newman has taught Jewish studies for nearly thirty years at Carleton College, where he is the John M. and Elizabeth Musser Professor of Religious Studies and the Director of the Learning and Teaching Center. He is the author most recently of *Repentance: The Meaning and Practice of Teshuvah* (Jewish Lights, 2010).



### Judaica Gift Shop

The Beth El Women's League Gift Shop has many exciting new items for Fall. Look for information about our grand opening and sale coming up soon. In the meantime, if you want anything you see in our new display cases, contact either Linda Estrin at 763-545-4301 or Sara Zuk at 763-529-1285.

### Lihyot B'Keshet ("Keep in Touch" Committee)

Our goal is to maintain contact with our young adults, up to and including age 25, whether they are away at school, living at home or on their own. We mail tasty treats in the Fall, send a gift at Hanukkah and hamentashen during Purim plus other special mailings throughout the year. Pick up a registration form from the book cart in the lobby, or contact Lihyot B'Keshet chairs Marlee Kaminsky at marlee.kaminsky@gmail.com, 952-449-9410 or Julie Weisberg at jbwais12@aol.com, 763-557-6629.

SAVE  
THE  
DATE

### AIPAC & Beth El Israel Shabbaton with Gil Hoffman

Analyst for *The Jerusalem Post*

November 18-19, 2011

Beth El Synagogue

Watch for details in the November Shofar or the Keshet email.  
(Sign up for Keshet at [www.besyn.org/keshet](http://www.besyn.org/keshet).)



The Shirley R. Abelson Aleph Preschool  
of Beth El Synagogue brings you



IT TAKES A COMMUNITY TO RAISE A CHILD LET US BE A PART OF YOURS

## Early Child Jewish Family Education

*Education for your parenting journey in a safe, supportive, and nurturing Jewish environment.*

## Fall Registration NOW OPEN

8-week session classes begin October 27<sup>th</sup>

Thursdays 5:45-6:45 (Complimentary sibling care provided)

Designed for families with babies age 0-24 months.

These parent-child classes provide young families with a community to:

- Meet other Jewish families and be part of an instant support network.
- Discuss relevant parenting topics and explore exciting ways to integrate Judaism into your family.
- Develop realistic attitudes and expectations for raising children and so much more!

**TO REGISTER** call the Aleph Preschool at 952-873-7320 or log on to

[www.bethelsynagogue.org/ecjfe](http://www.bethelsynagogue.org/ecjfe)