



**MADISON (MADDIE)  
YOUMAN**

**עליית פרח**  
**בת יהושע ואורה לאה**  
Daughter of  
Dana & Josh Youman

*In honor of Maddie's bat mitzvah,  
her parents are sponsoring the  
Kiddush and congregational  
Shabbat lunch.*

*In honor of the upcoming wedding of*  
**SETH OZER**

**&  
JESSICA GRODIN**  
*Seth's parents, Annette & Richard  
Ozer are co-sponsoring the  
congregational Shabbat lunch.*

*All are invited to attend  
in the Gruman Social Hall.*

*In honor of the upcoming wedding of*  
**ALAN FINE**

**&  
TAMARA BALANDIN  
ZHAYVORONOK**  
*Beverlee Rockler Fine is  
co-sponsoring the Kiddush.*

*All are invited to attend in the  
Gruman Social Hall.*

**Service & Program Times**

**SHABBAT**

**Friday**  
Kabbalat Shabbat ..... 5:45 p.m.  
Fiterman Chapel  
Candlelighting ..... 6:24 p.m.

**Saturday**  
Shaharit ..... 9:00 a.m.  
Spiegel Sanctuary  
Apples & Honey ..... 10:00 a.m.  
Fiterman Chapel

Minha ..... 5:45 p.m.  
Fiterman Chapel  
Havdalah ..... 7:23 p.m.

**SUNDAY**

Minyan ..... 9:00 a.m.  
Minha ..... 5:45 p.m.

**DAILY MINYAN**

Shaharit ..... 7:00 a.m.  
Minha ..... 5:45 p.m.

**Welcome to Beth El Synagogue!**

If you are new to Beth El, we'd love to meet you! Please introduce yourself to the greeters, clergy or officer sitting on the bimah. We invite you to learn more about Beth El and to discuss joining our congregational family by contacting our Executive Director, Linda Goldberg at 952-920-3512, lgoldberg@bethelsynagogue.org

**Rosh Hodesh**

**Noah נח**  
Genesis 6:9-11:32 (pg. 41)

**Haftarah**  
Isaiah 66:1-24 (pg. 1219)

**Erev Shabbat:**  
Kabbalat Shabbat 5:45 p.m.  
Mazal Tov!: **Kalman Greenberger** on  
receiving the Cub Scout Maccabee Award

**Yom Shabbat:**  
Todah to our Shabbat morning greeter:

- **Shayne Karasov**
- **Rabbi B. Elka Abrahamson** (see bio on page 3)
- **Alan Fine** and **Tamara Balandin Zhayvoronok**
- **Seth Ozer** and **Jessica Grodin**

**Todah to our Shabbat Torah readers:**

<b>1:</b>	<b>Maddie Youman</b>	<b>6:9-22</b>
<b>2:</b>	<b>Donna Ahron</b>	<b>7:1-3</b>
	<b>Rabbi Davis</b>	<b>7:4-16</b>
<b>3:</b>	<b>Rachel Klein</b>	<b>7:17-8:14</b>
<b>4:</b>	<b>Danny Levey</b>	<b>8:15-9:7</b>
<b>5:</b>	<b>Joe Rine</b>	<b>9:8-17</b>
<b>6:</b>	<b>Richard Ozer</b>	<b>9:18-10:32</b>
<b>7:</b>	<b>Danny Levey</b>	<b>11:1-28</b>
	<b>Maddie Youman</b>	<b>11:29-32</b>
<b>M:</b>	<b>Ken Goldfarb</b>	<b>(Numbers) 28:9-15</b>
<b>Haftarah:</b>		<b>Maddie Youman</b>

**Apples & Honey  
is back!**  
This Shabbat at 10:00 a.m.  
in the Fiterman Chapel

**DROPS OF TORAH רסיסי תורה**

Genesis 7:7 "And Noah went in, and his sons, and his wife, and his sons' wives with him, into the ark, because of the waters of the flood."

בראשית ז:ז

וַיָּבֵא נֹחַ וּבָנָיו וְאִשְׁתּוֹ וְנִשְׁי־בָנָיו אִתּוֹ אֶל־הַתֵּבָה מִפְּנֵי מִי הַמַּבּוּל

In our day of greater transportation security, we are intrigued by the order in which the passengers (namely, Noah's family) entered the ark. Why did the passengers enter separated by gender, all the men then all the women? Lest we should think this is to suggest that one gender is superior to another, Rashi sheds light on the balance of sexuality and mourning. Rashi tells us that the men entered alone and the women entered alone because sexual relations were prohibited on the ark. Unlike other religions, Judaism recognizes that sex is for both procreation and recreation. In fact, Judaism also recognizes that sex can bring emotional healing. Nevertheless, the world was soaked with sorrow (literally, *sharui b'tzaar*) and in such a time of bereavement, even with the needs of procreation at hand, no one should be enjoying sexual pleasure. Once the ark found dry land and the need to grieve had passed, the "co-ed" order could be restored. Note the order of disembarking as detailed in Genesis 8:16-17: "Go out from the ark, you, and your wife, and your sons, and your sons' wives with you. Bring out with you...that they may breed abundantly in the earth, and be fruitful, and multiply upon the earth." And so, we further glean the psychological lesson from our ancestors on the ark: when the pangs of sorrow fill our heart, we would be foolish to attempt to mend them with the pleasures of the flesh. Sex is better left for another day. -AO

**Sunday Morning Minyan Hevrah Breakfast** (following services at 9:00 a.m.)  
To sponsor a breakfast, contact Steve Moldo 952-545-4198 or Lou Jurisz at 612-396-9270.

**October 10**—Sponsored by Pearl and Danny Berdass, Eileen and Jerry Strauss, Bobbi and Randy Heiligman, Marcie and Dennis Ashenfarb and Abby and Michael Strauss in loving memory of our parents.

**October 17**—Home Health Care Inc presents Understanding The Benefits of Home Health Care: How to Increase Your Loved Ones' Strength and Independence" with special guest speaker, Dr. Sandra Gordon-Kolb.

**October 24**—Home Health Care Inc presents "Helping Your Loved Ones Stay Safe at Home: Home Care, Benefits, Nursing and Therapies"

**Condolences to our congregants (*members in bold*):**

- **Gary Grossman** and family on the loss of his brother, Mayer Grossman.
- **Barb Johnson** and family on the loss of her father, William Levy.
- **Charles Desnick** and family on the loss of his father, David Desnick.
- **Harvey Kohn** and family on the loss of his wife, **Arlene Kohn**.

## UPCOMING AT BETH EL

For more information on these programs and events, call the Beth El office at 952-920-3512, or visit [www.bethelsynagogue.org](http://www.bethelsynagogue.org).

### "Beth El Sings" New Music Initiative

Want to sing? Want to learn more Jewish songs? Want to feel more connected to God, tradition and each other? Would you like to help others do the same? Then join the "Beth El Sings" initiative and get involved in bringing more and more music to our congregation. To learn more, contact Cantor Abrams at [aabrams@bethelsynagogue.org](mailto:aabrams@bethelsynagogue.org).

### Nosh and D'rash: Torah for Living

Eat and Learn with Rabbi Olitzky from 11:30 a.m. - 12:30 p.m. on the 1<sup>st</sup> and 3<sup>rd</sup> Monday of every month at Beth El. For a mere \$5, you get a dose of Torah and a scrumptious lunch. Enjoy the class and conversation regularly, or drop in every now and again. Please contact Roger Rubin at [bikingdad@msn.com](mailto:bikingdad@msn.com) or 612-636-1598 to learn more about this exciting new learning opportunity, as well as to let him know you'll be joining us--it's better for us to have an accurate count ahead of time. Nevertheless, do feel free to join us if you haven't RSVP'd!

### Be a Hero!

Help Support the Aleph Preschool – Come to the Book Fair in the Bnai Emet Social Hall on the following days:

- Tuesday, Nov. 2nd – 9:00 a.m. to 1:00 p.m.
- Wednesday, Nov 3rd – 9:00 a.m. to 1:00 p.m.
- Thursday, Nov. 4th – 9:00 a.m. to 1:00 p.m. and during the Aleph Preschool Open House from 6:30-8:00 p.m. (NOTE: Come at 6:00 p.m. for early shopping!)
- Friday, Nov. 5th – 9:00 a.m. to 1:00 p.m.

Enjoy a special contest for the kids and the honorary "Special Person Day!" Gift Certificates will be available!

For further information or to volunteer contact Lisa Gottstein at [lkap@comcast.net](mailto:lkap@comcast.net) or Anne Rosenberg at [anne5650@msn.com](mailto:anne5650@msn.com).

### Fall Recipe Exchange

On Tuesday, October 19 at 10:30 a.m., come to the St. Louis Park Byerly's community room for the Fall Recipe Exchange! Send a fall recipe of your choice (appetizer, entree, dessert, soup or anything else) by Friday, Oct 15 to Maggie Blehert at [mmbuttweiler@yahoo.com](mailto:mmbuttweiler@yahoo.com) or 6048 Golden Valley Road, Golden Valley, MN 55422. Copies of all recipes received in advance will be copied and given to participants at the event. Snacks and beverages will be provided. A \$5 donation is requested at the door to be given to a local food shelf. Brought to you by Z'havah ~ the young women's initiative of Beth El Synagogue Sisterhood. You don't need to be a member to attend.

### Beth El Introduces New Prenatal Class

Beth El Synagogue is pleased to offer LaMAZEL Tov, a four week series of childbirth classes for expectant parents in their third trimester. This class will offer information including the labor process, birth options, medical care and decision making, labor support techniques, breathing and relaxation, breast feeding and care of your newborn, as well as, the adjustment to your new role as parents. These classes will introduce a Jewish perspective helping to navigate the transition from expecting parent to child rearing within our tradition. Facilitated by Registered Nurse and Certified Childbirth Educator, Stacy Mosow. For more information, call the Aleph Preschool at 952-920-4169.

### Attention 4th & 5th Graders!

4th and 5th graders and their families are invited to come hear all about the fun and excitement of summer 2011 at Camp Ramah in Wisconsin! Meet the director and watch the camp video. Join in the good times at 6:00 pm at the home of Barb & Andy Fishman (14573 Durham Road, Mtka). NOTE: Significant scholarships are available for 1st and 2nd time campers. For more info contact Beth El Ramah Ambassadors, Barri & Steve Orloff at 763-541-9699 or [favorsmore@aol.com](mailto:favorsmore@aol.com) or Elyse Levine Less at [eless@ramahwisconsin.com](mailto:eless@ramahwisconsin.com).

### USY—please note time changes for Sunday, Oct. 10:

- Kadimah and Bresheet students will be leaving Beth El at 2:30 p.m. for the apple orchard
- Play practice will be held from 6:15 to 9:00 p.m.

### Lihyot B'Keshet's first package a hit with our young adults...more to come.

Lihyot B'Keshet's goal is to maintain contact with our young adults through age 25, whether they are away at school, living at home or on their own. To cover costs, registration is \$36 for one young adult (\$60 for 2, \$72 for 3 or more). Questions? Contact the Lihyot B'Keshet chair Marlee Kaminsky at [marlee-k@comcast.net](mailto:marlee-k@comcast.net) or 952-449-9410. REGISTER NOW so your young adult will be sure to get our always-popular Hanukkah package.

## “Dancing with the Stars the Beth El Way”

Mark your calendars for Beth El's very own version of “Dancing with the Stars.” This fun program is scheduled for March 6, 2011 and we are looking for volunteers to help with planning and working on this very special evening. Contact Linda Estrin at Linda512@aol.com, 763-545-4301 to be a part of “Dancing with the Stars the Beth El Way!”



## UPCOMING IN THE COMMUNITY

### Achieving Two-States: Why the Security of Israel Depends On It

Mount Zion Temple of St. Paul invites us to “Achieving Two-States: Why the Security of Israel Depends On It” on Wednesday, October 20 at 7:30 p.m. Learn about J Street’s Pro-Israel, Pro-Peace approach from Former Deputy Speaker of the Knesset, Ambassador Colette Avital and J Street Founder and President, Jeremy Ben-Avi. For more information, email minnesota@jstreet.org.

### AIPAC presents “A View From Jerusalem”

Adath Jeshurun and AIPAC cordially invite you to “A View From Jerusalem: Defending Israel in Unprecedented Times.” Hear from David Horowitz, Editor-in-Chief of the *Jerusalem Post* on Thursday, October 14 at 7:30 p.m. at Adath Jeshurun Congregation. To RSVP, contact Jeremy Wynes at 312-253-8985 or jwynes@aipac.org.

### Introduction to Judaism

Introduction to Judaism offers a warm, intimate and non-threatening environment to explore the fundamental beliefs, values, practices and history that have shaped the Jewish people throughout the ages. Classes take place Tuesday evenings from October through May. For more information, contact Rabbi Davis at 952-920-3512 or adavis@bethelsynagogue.org.

#### B'nai Mitzvah Israel Bond Program

Beth El and Israel Bonds continue to offer our B'nai Mitzvah an opportunity to invest in Israel Bonds. Through the generosity of our congregant, Fern Badzin, Beth El is able to match the amount of the investment. Please call the synagogue office for more information.

#### Gifts Presented to the Bar/Bat Mitzvah

A bar/bat mitzvah is a celebration not just for an individual family but for the entire Jewish community, indeed the entire Jewish people. Beth El Synagogue and the Minneapolis Jewish community generously give the following gifts in celebration of b'nai mitzvah:

- A personalized kiddush cup by Beth El's Women's League & Men's Club for Shabbat and Festivals.
- A ring of trees planted in Israel by the Jewish National Fund through the generosity of Beth El congregant, Naomi Rotenberg, in honor of the bar/bat mitzvah.
- A matching contribution for those who invest in Israel Bonds through the generosity of Beth El congregant, Fern Badzin, to solidify the bond between b'nai mitzvah and Medinat Yisrael.
- A free year's membership to the Sabes Jewish Community Center including use of fitness and teen centers.
- A partial scholarship toward an Israel trip for young adults who continue their Jewish education from the Louis Herman Israel Experience Fund, an endowment of the Jewish Community Foundation of the Minneapolis Jewish Federation.
- The *Etz Hayim Humash* for students of the Talmud Torah to encourage ongoing Torah study.
- A mezuzah for students of the Minneapolis Jewish Day School to commemorate their passage through the doorway of Jewish adulthood.

## Shiva, Shloshim, and Yahrzeits

Friday, October 8 – Friday, October 15, 2010

30 Tishrei – 7 Heshvan 5771

### Shiva

**DAVID DESNICK –  
DOVID BEN BINYAMIN V' ROCHEL  
ARLENE JOY KOHN –  
RUT SIMHA BAT AVRAHAM V' SARAH  
WILLIAM LEVY - Z'AVI  
MAYER GROSSMAN - MAYER BEN LAIB**

### Shloshim

**Batsheva (Beth) Bachrach  
Sarah (Sally) Ozwoeld  
Gittel (Gita) Ross  
Esther Eidelberg  
Eliyahu (Elliott) Pinck  
Ida Freed**

### Yahrzeit

**30 Tishrei / Friday, October 8**

Gittel Faiga (Gladys F.) Bergquist  
Hirsch Tzvi (Harry) Blumenthal  
Philip Braufman  
Yehudit (Judith) Edelstein  
Ethel Friedman Elzas  
Moshe Laib (Morris) Goldstein  
Dr. Moses Gordon  
Meyer Grossman  
Ratsi (Rose) Hecker  
Hirsch Tzvi (Alexander) Hirsch  
D'vorah (Dorothy) Hyatt  
Sally Karon  
Moshe Laib (Morris) Katz  
Joan Levy  
Fagel (Florence) Savitt  
Chava (Evalyn) Schwartz  
Munya (Monnie) Swatez

**1 Heshvan / Saturday, October 9**

Miriam Glasser  
Yosef Zelig (Julius) Goren  
Sima Kaufman  
Shlomo (Saul) Kollins  
Zvi (Harold) Laiderman  
Malka (Mildred) Percansky

**2 Heshvan / Sunday, October 10**

Faiga Leah (Felicia) Badiner  
Nechama (Noretta) Liman  
Zvi Z'eiv (Harry) Rudman  
Sylvan Smith  
Faiga (Fanny) Victor  
Luba (Lillian) Zeff

### Yahrzeit

**3 Heshvan / Monday, October 11**

Jack Kalman  
Hayim Binyamin (Harvey) Katzovitz  
Moishe (Murray) Litton  
Hana (Evelyn) Marrinson  
Sobsa Shabbtai (Dr. Sheridan) Milavitz  
Avraham Shmuel (Arthur) Rosenbloom  
Eta (Edith) Schwartz

**4 Heshvan / Tuesday, October 12**

Norman Bearman  
Nahum (Norman) Bronstien  
Ruth Grossman  
Youdel (Julius) Klein  
Leib (Louis) Rosen  
Laurie Sue Rosenthal

**5 Heshvan / Wednesday, October 13**

Oscar Adelson  
Moshe (Marvin) Bank  
Avram (Robert) Berenberg  
Frances Blindman  
Chaya (Clara) Blumenthal  
Yisroel (Irving) Cooperstock  
Raphael Lev (Jason Lewis) Green  
Moshe Yassel (Mark) Hershkowitz  
Sora (Sara) Rosenberg  
Haya Esther (Esther) Stein  
Nechama (Natalie) Zouber Wyles  
Nachman (Norton) Zouber

**6 Heshvan / Thursday, October 14**

Yitzchak (Richard) Davis  
Ozer (Oscar) Galanter  
Chaya D'vorah (Daisy) Mains  
Harold Oberman  
Haya Frayda (Irene) Satz  
Ya'akov (Jack D.) Warschauer  
Yekutiel (David) Wolf

**7 Heshvan / Friday, October 15**

Tovah (Taube) Fitterman  
Tzivia (Dr. Sally) Goldberg  
Raisa (Rose) Goldstein  
Miriam (Mary) Katzovitz  
Avraham (Abraham) Plesser  
Rivkah (Rebecca) Rivkin  
Heika (Ida) Weinblatt

**Guest Darshanit** Rabbi B. Elka Abrahamson is Vice President, Leadership Programs for the Wexner Foundation. Born and raised in St. Paul, Minnesota, she is a University of Minnesota graduate. She spent the early years of her career creating curriculum for Religious Schools and Informal Jewish Educational settings, particularly Jewish camping. Rabbi Abrahamson was ordained at HUC-JIR, New York in 1985. With her husband, Rabbi Martin (Misha) Zinkow, she served as co-senior rabbi at Mount Zion Temple in St. Paul. In 2010, she was named one of the 50 most influential women rabbis in North America. Elka and Misha are the parents of four young adults ranging in age from 18 - 25 years of age. The entire family remains loyal to both the Vikings and the Twins.

# The Beth El Youth Department presents ...



## Showtimes:

Thursday, Nov. 18th at 7:00 p.m.

Saturday, Nov. 20th at 7:30 p.m.

Sunday, Nov. 21st at 2:00 p.m.

## Tickets:

\$5 students (high school & younger)

\$8 adults

\$8 for special lunch\*

\$15 Reserved (purchase by **Nov. 10th**)

Help support the play by placing an ad in our playbook. For details or to order tickets, email [amy@bethelusy.org](mailto:amy@bethelusy.org) or call 952-920-3594 or 952-456-1531.

## \*Special Lunch for munchkins 12 and under (and their parents!)

Sunday, November 21st at 1:00 p.m. in the "Oz" (Ring Lobby)

Dress as your character from the land of oz to meet the cast and get autographs!

Your \$8 ticket package includes:

one ticket to the 2:00 p.m. Sunday show, a hot dog, chips and a juice box.

To reserve your spot ahead of time, contact Amy Goldfine at [amy@bethelusy.org](mailto:amy@bethelusy.org) or call 952-920-3594.

## Registration for Special Pre-Show Lunch for kids 12 & Under

Detach and return to Beth El USY 5224 W. 26th Street St. Louis Park, MN 55416. Make checks payable to Beth El USY.

Name(s) \_\_\_\_\_

# Attending (\$8 each) \_\_\_\_\_

\_\_\_\_\_

Total Enclosed \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

