



HANNAH BRYN SEGELBAUM

ברינדל חנה בת חיים ועדה גיטל

Daughter of
Amy & Chuck Segelbaum

In honor of Hannah's bat mitzvah, her
parents are sponsoring
the Kiddush and Congregational
Shabbat Lunch.

All are invited to attend in the
Gruman Social Hall.

Service & Program Times

SHABBAT

Friday

Kabbalat Shabbat 5:45 p.m.
Fiterman Chapel

Candlelighting 7:22 p.m.

Saturday

Shaharit 9:00 a.m.
Spiegel Sanctuary

Apples & Honey 10:00 a.m.
Benilde-St. Margaret's Theater

Minha 5:45 p.m.
Fiterman Chapel

Havdalah 8:25 p.m.

SUNDAY

Minyan 9:00 a.m.

Minha 5:45 p.m.

DAILY MINYAN

Shaharit 7:00 a.m.

Minha 5:45 p.m.

Welcome to Beth El Synagogue! If you are new to Beth El, we'd love to meet you! Please introduce yourself to the greeters, clergy or officer sitting on the bimah. We invite you to learn more about Beth El and to discuss joining our congregational family by contacting our Executive Director, Linda Goldberg at lgoldberg@bethelsynagogue.org or 952-920-3512.

Shabbat Hahodesh

Tazria תוריע
Leviticus 12:1-13:59 (p. 649)

Maftir
Exodus 12:1-20 (p. 380)

Haftarah
Ezekiel 45:18-46:15 (p. 1391)

Erev Shabbat:
• Kabbalat Shabbat 5:45 p.m.

Yom Shabbat:
• Todah to our Women's League
Shabbat Morning Greeters: **Sheila Goldstein & Phyllis Harris**

Todah to our Shabbat Torah readers:

1: Hannah Segelbaum 12:1-13:5

2: Richard Spiegel 13:6-17

3: Stan Segelbaum 13:18-23

4: Polly Lehman 13:24-28

5: Susie Yablonsky 13:29-31

AJ Yablonsky 13:32-34

Pam Lehman 13:35-39

6: Joe Rine 13:40-54

7: Cindy Witkin 13:55-59

M: Hannah Segelbaum (Exodus) 12:1-20

Haftarah: Hannah Segelbaum

**Dancing With The Stars—
The Beth El Way!**

Don't miss it! THIS Sunday, April 3, 2011 ♦ 7:00 p.m. ♦ Beth El

DROPS OF TORAH רסיסי תורה

Leviticus 13:45 "The *tzarua* who has the skin-eruption of *tzara'at*—his garments shall have a tear in them, his hair shall be grown long (head shall be left bare), and he shall cover over to his upper lip, and 'Unclean, unclean,' shall he call out."

ויקרא יג מה

וְהִצְרוּעַ אֲשֶׁר-בּוֹ הִנֵּעַ בְּגָדָיו יִהְיוּ פְרָמִים וְרֵאשׁוֹ יִהְיֶה פְרוּעַ וְעַל-שָׂפָם יִעָטָה וְטָמֵא טָמֵא יִקְרָא :

Help Us Keep the Spirit of Shabbat

In Honor of Shabbat, please refrain from the following activities:

- photography or writing
- using cell phones or other electronic devices
- wearing perfume or cologne (the person sitting next to you may be allergic)

And at the conclusion of services, please pick up papers from the pews and discard appropriately.

~Thank you!

It is bad enough that the guy has some sort of leprosy-like affliction, but he has to endure a bad haircut and a turtleneck that covers his mouth? In the spirit of cleansing and "priming the system," growing out one's hair seems logical. But why the need to cover up to the upper-lip? The Tur teaches: "This means that he is to keep his mouth covered so that his breath does not offend anyone around him, as it contains germs harmful to others." One might think that the Tur is suggesting that *tzara'at* is an airborne illness that is spreadable both by the sin of gossip and by close contact. However, if we read deeper into the Tur's comment, we see that the Tur did not want to see those afflicted mingling with the clean. The Tur understands that even if one's breath was foul and might have implicitly led others to stay away, the afflicted might stop at nothing to spread gossip. And therefore, the mouth-covering was actually a "mouth-guard"—another precaution in place to stop the flow of *lashon hara* (evil speech). Even if we do not wear such "mouth-guards" today to curb the rumor- and gossip-mongering, we should understand this "turtleneck" as a symbolic charge to do everything we can to distance ourselves from *lashon hara*, even if it means stopping conversation altogether. -AO

Condolences to our congregants (*members in bold*):

- The friends and family of **Esther Milgrom**

Sunday Morning Minyan Hevrah Breakfast

(Following services at 9:00 am)

To sponsor a breakfast, contact Steve Moldo 952-545-4198 or Lou Jurisz at 612-396-9270 or David Jurisz 612-987-7644.

April 3—Sponsored in honor of Murray and Marlene Brandys on their 57th wedding anniversary. May you have many more.

UPCOMING AT BETH EL

For more information on these programs and events, call the Beth El office at 952-920-3512, or visit www.bethelsynagogue.org.

Do a Mitzvah: Make a Minyan

Your presence is needed to ensure Beth El has a daily minyan. Evening minyan is 5:45-6:10 p.m. Morning minyan runs from 7:00-7:45 a.m. Come for yourself. Come to support fellow congregants.

Don't miss DEEPAK CHOPRA at Beth El April 11

Over 1100 tickets already sold! Join us for "An Evening with Deepak Chopra: Healing, Transformation and Higher Consciousness" as part of our ongoing "Inspiring Minds" Series, on Monday, April 11, 2011 at 7:00 p.m. A variety of ticket options are selling quickly at www.bethelsynagogue.org/vip-deepak or by calling 952-920-3512.

Aleph Preschool Speaker Series presents Dr. Robert Karasov, M.D.

Join us for Aleph Preschool Speaker Series with Robert S. Karasov M.D. on Sunday, April 3, 2011, at 10:15 a.m. (Beth El Synagogue) The topic will be "Vaccine Safety Issues and What to do when your child is sick." Coffee and a nosh, and a Construction Tour to follow. Babysitting will be available – MUST RSVP to Karen Burton at kburton@bethelsynagogue.org or 952-920-4169.

Nosh 'n Drash: Torah for Living

Next study will be Monday, April 4

(No Study on the 18th)

Eat and learn with Rabbi Olitzky from 11:30 a.m.-12:30 p.m. on the 1st and 3rd Monday of every month at Beth El. For \$5, you get a dose of Torah and a scrumptious lunch. Enjoy the class and conversation regularly, or drop in every now and again. To RSVP, contact Roger Rubin at bikingdad@msn.com. This week the lunch is fleishig with vegetarian options.

Sacred Chanting

Sacred chanting is a spiritual practice that is meditative, contemplative, and a great way to lower your blood pressure. Chants and melodies using Hebrew phrases from the Bible help us to understand the text on a deeper level and open our hearts and minds spiritually. While Sacred Chanting is usually on the first Tuesday evening of each month from 6:30 – 8:00 p.m., THIS month, it will be on Tuesday, April 12th. Contact Cantor Abrams for more information at 952-920-3512.

Passover in The Matzah Aisles

Passover shopping lists making you a little nervous? Looking for a few new recipes and the ingredients you need for your upcoming Seder and the week of Passover? Head to Byerly's St. Louis Park on April 3, 12 and 14. Shop for all of your Passover needs from the extensive kosher for Passover selection of grocery products, wonderful wines, etc. Stop by the Jewish Outreach Institute/Beth El "Passover in the Matzah Aisles" table for a few delicious samples, literature on Passover, recipes and coupons too. Come support Beth El and Byerly's, as together we partner to make your seder one to remember.

D'verei Shir: "A Sermon in Song"

As part of "Beth El Sings," we have chosen a curriculum of music which includes songs we used to sing, songs we sing now and songs we hope to sing in the future. Our m'shanim (music ambassadors) are beginning to teach these songs to various groups and at house parties. This Shabbat, April 2, clergy will provide an opportunity to learn Healing Prayers, while the cantor will teach how to sing it. So join us and experience another way that Beth El Sings!



Aleph Preschool 2011 Registration

Space is still available in the following classes for Fall 2011:

- Toddler (Must be 2 years old by September 1st, 2011)
- Preschool (Must be 3 years old by September 1, 2011)

Please email Karen Burton at kburton@bethelsynagogue.org or call 952-920-4169 to receive a packet or for more information.

We are excited to share our new school with your child.

B'nai Mitzvah Israel Bond Program

Beth El and Israel Bonds continue to offer our B'nai Mitzvah an opportunity to invest in Israel Bonds. Through the generosity of our congregant, Fern Badzin, Beth El is able to match the amount of the investment. Please call the synagogue office for more information.

Gifts Presented to the Bar/Bat Mitzvah

A bar/bat mitzvah is a celebration not just for an individual family but for the entire Jewish community, indeed the entire Jewish people. Beth El Synagogue and the Minneapolis Jewish community generously give the following gifts in celebration of b'nai mitzvah:

- A personalized kiddush cup by Beth El's Sisterhood & Men's Club for Shabbat and Festivals.
- A ring of trees planted in Israel by the Jewish National Fund through the generosity of Beth El congregant, Naomi Rotenberg, in honor of the bar/bat mitzvah.
- A matching contribution for those who invest in Israel Bonds through the generosity of Beth El congregant, Fern Badzin, to solidify the bond between b'nai mitzvah and Medinat Yisrael.
- A free year's membership to the Sabes Jewish Community Center including use of fitness and teen centers.
- A partial scholarship toward an Israel trip for young adults who continue their Jewish education from the Louis Herman Israel Experience Fund, an endowment of the Jewish Community Foundation of the Minneapolis Jewish Federation.
- The *Etz Hayim Humash* for students of the Talmud Torah to encourage ongoing Torah study.
- A Pirkei Avot book for students of the Heilicher Minneapolis Jewish Day School to commemorate their passage through the doorway of Jewish adulthood.

El Na R'fa Na La

Music: John Orenstein
Lyrics: Numbers 12:13

א-ל נָא רְפֵא נָא לָהּ

El Na R'fa Na La

Please God Heal Her

Mi Shebeirakh

Words: Siddur
Additional words and music: Lisa Levine

מִי שֶׁיְבָרֵךְ אֲבוֹתֵינוּ אֲבָרְהָם יִצְחָק וְיַעֲקֹב

Mi shebeirakh avoteinu Avraham, Yitzhak v'Ya'akov

מִי שֶׁיְבָרֵךְ אֲמוֹתֵינוּ שָׂרָה רִבְקָה לֵאָה וְרַחֵל

Mi shebeirakh imoteinu Sarah, Rivka, Leah, v'Raḥel

May the One who blessed our Fathers,
May the One who blessed our Mothers
Hear our prayer, hear our prayer,
Hear our prayer, hear our prayer
And bless us as well.

UPCOMING IN THE COMMUNITY

Pasture-Raised Kosher Beef, Lamb, Poultry

Bring your values to the table and delight your guests this Pesah with healthy and delicious, glatt kosher, pasture-raised beef, lamb, chicken, turkey or duck. At KOL Foods we know our animals and tell you their story so you can feel good about the meat you eat. For example, our turkeys are organic-raised on the pastures of Aaron and Roman's Amish farms especially for KOL Foods. Order through our Pesah Twin Cities Buying Club to get Reduced Shipping April 5th. (Our Pesah home delivery continues until April 13th.) Extra proceeds from the Buying Club will be donated to the Greater Lake County Food Bank. Questions? Contact Susan Cobin at 651-644-1508 or susan.cobin@gmail.com. You can also visit www.kolfoods.com or call 888-366-3565.

Donations needed!

Camp Heartland is the largest camping and care program for children who experience HIV/AIDS. Over 75 percent of Camp Heartland's participants live in poverty. This year for VOICE HMJDS is collecting new and/or used bathing suits and sweatshirts for children who attend Camp Heartland. **Boys and girls, sizes 6x to adult needed. Please** place all donations in the drop boxes found at each entrance to the Sabes JCC and outside the HMJDS office.



Registration for Chaverim
B'shemish Summer Camp
IS NOW OPEN!

Call 952-920-4169 for details.

Shiva, Shloshim, and Yahrzeits

Friday, April 1 – Friday, April 8, 2011
26 Adar II – 4 Nisan 5771

Shiva

CELIA COHEN – CECE RAYNA BAT BINYAMIN V' DINA
ESTHER MILGROM – ESTHER BAT AHARON V' SARAH LEAH

Shloshim

Ronald Ungerman, Sr.
Sarah (Helen) Lubet
Miryam (Mary) Doroshov
Yitzhak (Irwin) Rubenstein
Aya Tzvi (Arlyn Jay) Pomush

Yahrzeit

26 Adar II / Friday, April 1
Tevya (Theodore) Kawer

27 Adar II / Saturday, April 2
Mottle (Max) Novich
Mordecai (Morton Russell) Sobol

28 Adar II / Sunday, April 3
Mayer (Myer) Lichterman
Martha Weiner

29 Adar II / Monday, April 4
Joseph King

1 Nisan / Tuesday, April 5

Yosef (Joseph) Ettedgui
Chana (Helen) Harrison
Avraham (Abe) Jacobson
Eleazer (Leon) Kaplan
Esther Pikelny
Herschel (Harris) Shapiro
Brucha (Bernice) Weiner
Yisrael (Irving) Winer

2 Nisan / Wednesday, April 6

Riva Malka (Robyn) Bronstien
Aza Cooper
Rochel (Rose) Goldberg
Yitzhak (Irv) Herwitz
Yaakov (Jacob) Laiderman
Yosef (Joseph) Myles
Shmuel (Samuel) Simon
Hayim (Edward) Snyder

3 Nisan / Thursday, April 7

Barak (Richard) Baer
Hava (Eva) Blumenfeld
Sarah (Susan) Teener Calof
Bracha (Bonnie) Davidson
Hinda (Helen) Eisenstein
Avraham Baer (Dr. A.B.) Litman
Avraham (Allan) Ostrow
Tovah (Tybie) Proman

4 Nisan / Friday, April 8

Yehudit (Judith) Abramson
Miriam (Mary) Chiat
Shmuel (Sam) Kantor
Batya (Bessie) Rosenthal
Ya'akov (Jerome) Routman
Moshe (Morris) Sudit
Shoshana (Roberta) Weber

HELP US RAISE MONEY THIS PASSOVER!

Proceeds benefit Aleph Preschool

Let's make this
Passover extra sweet
with Matzel Toff!
while raising
valuable funds for
our organization.



Project Passover is a fundraiser developed by Matzel Toff!. For every box of Matzel Toff! purchased at matzeltoff.com, we will earn 25%. Offer good while supplies last!

This is a tremendous opportunity for us to raise valuable funds this Passover. Matzel Toff! is scrumptious, kosher for Passover, uses the finest ingredients and makes a great seder gift or dessert.

DON'T FORGET TO USE THIS SPECIAL PROMO CODE WHEN ORDERING!

BESM

www.matzeltoff.com

Matzel Toff! is certified KOF-K.

Setting Your Seder Table: A Plateful of Learning - An Evening of Fun!

Join us for this Pre-Pesah program on

Monday, April 4, 2011

6:45 -9:30 PM

Bnai Emet Synagogue

Evening Schedule:

6:45 p.m. Registration

7:00 p.m. "Community Sing— Traditional and New Passover Melodies and More!"
(Feel free to bring a recording device.)

7:30 p.m. "What's on Your Seder Plate?" with your choice of sessions*

8:40 p.m. "What Else Is on the Table... or Could Be?" with your choice of sessions.*

For more information, contact Beth El at 952-920-3512.

Open to the Community with a \$5.00 suggested donation.

**Choice of sessions led by Rabbis Davis and Olitzky along with other Twin Cities Conservative Rabbis and Special Guests: Rabbi Gil Nativ, Magen Avraham Congregation, Omer, Israel and Zivah Nativ, Director, Bar/Bat Mitzvah Program for Children with Special Needs, Israeli Masorti Movement.*

Spend another Shabbat with

Noah Solomon

lead singer of SOULFARM and artist-in-residence for this year of "Beth El Sings"

Friday, April 15th beginning at 5:45 p.m.

Ruah (spirit)-filled Shabbat evening services followed by a **pre-Pesah Shabbat dinner** (*1st seder is Monday night and this is sooooo helpful*) with singing, dancing and, of course **DRUMMING!** RSVPs are a MUST! (see below)

Saturday, April 16th from 9a.m.—12 p.m.

- Drumming workshop 10 a.m.
- Joyful singing throughout where we'll learn new melodies and review the old.
- *Z'mirot* (Shabbat songs) in the lobby after lunch

Saturday, April 16th from 8 p.m.—10 p.m.

Coffee, desserts, havdallah and more singing and drumming after Shabbat at the home of Lynn & Ken Raskin
RSVPs appreciated to Raquel at 952-873-7315 or rswanson@bethelsynagogue.org, but "walk-ins" are welcome!

MENU:

(Veggie Option Available)

Adult

- Chinese Salad
- Roasted Chicken
- Potato Knishes
- Glazed Carrots
- Chocolate Mousse

Kids

- Chicken Nuggets
- French Fries

Shabbat Singing with Noah Solomon

Friday Night Dinner **RSVP BY APRIL 6, 2011**

Friday, April 15, 2011 • 5:45 p.m.

Detach and mail with payment to:

Beth El Synagogue, Attn: Raquel Swanson 5224 W 26th St, St. Louis Park, MN 55416

Name(s): _____

Address: _____

Phone: _____ Email: _____

Dietary considerations _____

_____ Adults @ \$15 each

_____ Kids @ \$5 each

= TOTAL enclosed \$ _____ *Make checks payable to "Beth El Synagogue"*