

Erev Shabbat Home Service

To fully enjoy the "Shalom" of Shabbat, all preparation and cooking should be completed by candle lighting time. In addition, by putting away weekday items (i.e., money, personal organizers) and weekday thoughts (i.e., stresses, mental "to-do" lists), we experience the true release of Shabbat.

1. Tzdakah is given

2. The table should be set in a festive manner. On the table should be candlesticks, wine & two *hallot*.

3. The family gathers for the lighting of the candles.

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ
לְהַדְלִיק נֵר שַׁבָּת.

*Barukh ata adonai elohelnu melek ha'olam, asher
kid'shanu b'mitz-votav, v'tzi-vanu l'hadlik ner shel shabbat.*

Praised are You, *Adonai*, our God, Ruler of the universe,
Who has sanctified us through Your commandments and
commanded us to light the *Shabbat* candles.

4. Family blessings: *Shabbat* is a time for spouses to bless each other and for parents to ask for a blessing for their children. Family prayers and traditional prayers recited by husbands and wives can be found in *Siddur Sim Shalom* (pp. 309-311). The children's blessing follows:

Parents place their hands on their child's head and say:

To sons: שְׁמַךְ אֱלֹהִים כְּאַפְרַיִם וְכַמְנַשֶּׁה.
Y'sim-kha elohim k'ephra-yim v'khim-nashe.
May God make you as Ephraim and Menashe.

To daughters: שִׁימָךְ אֱלֹהִים כְּסָרָה, רִבְקָה, רָחֵל וְלֵאָה.
Y'sim-meikh elohim k'sara, rivka, rahell v'leah.
May God make you as Sarah, Rebecca, Rachel, & Leah.

For all children, continue with the Priestly Blessing:

בְּרַכָּךְ ה' וְיִשְׁמְרֶךָ.
יְאָר ה' פְּנֵי אֱלֹהֶיךָ וְיִחַנְּךָ.
יִשָּׂא ה' פְּנֵי אֱלֹהֶיךָ וְיִשֵּׂם לְךָ שְׁלוֹם.

*Y'va-rekh'kha adonai v'yish-m-rekha. Ya-eir adonai panav
elle-khah v'yi-hu-neka. yisa adonai panav eile-khah
v'ya-seim l'kha shalom.*

May *Adonai* bless you and keep you. May *Adonai's*
goodness shine on you and be gracious to you. May
Adonai turn with favor to you and give you peace. Amen.

5. Kiddush

וַיְהִי עֶרֶב וַיְהִי בֹקֶר
יוֹם הַשְּׁשִׁי. וַיִּכְלוּ הַשָּׁמַיִם וְהָאָרֶץ וְכָל צְבָאָם.
וַיִּכַּל אֱלֹהִים בַּיּוֹם הַשְּׁבִיעִי מְלַאכְתּוֹ אֲשֶׁר עָשָׂה,
וַיִּשְׁבֹּת בַּיּוֹם הַשְּׁבִיעִי מִכָּל מְלַאכְתּוֹ אֲשֶׁר עָשָׂה.
וַיְבָרֶךְ אֱלֹהִים אֶת יוֹם הַשְּׁבִיעִי וַיְקַדְּשֵׁהוּ אֹתוֹ,
כִּי בּו שְׁבֹת מִכָּל מְלַאכְתּוֹ, אֲשֶׁר בָּרָא אֱלֹהִים לַעֲשׂוֹת:
סְבִירֵי חֲבֵרִי:
בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְרֵי הַגֶּפֶן.

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְרָצָה בָּנוּ, וְשַׁבֵּת קִדְּשׁוֹ
בְּאַהֲבָה וּבְרָצוֹן הַנְּחִילֵנוּ זְכוֹרֹן לְמַעֲשֵׂה בְרֵאשִׁית,
כִּי הוּא יוֹם תְּחִלָּה לְמִקְרָאֵי קִדְּשׁ, זְכוֹר לִיצִיאַת מִצְרָיִם
כִּי בָנוּ בְּחֵרֶת וְאוֹתָנוּ קִדְּשָׁתָּ מִכָּל הָעַמִּים,
וְשַׁבֵּת קִדְּשָׁתָּ בְּאַהֲבָה וּבְרָצוֹן הַנְּחִילָתָנוּ.
בְּרוּךְ אַתָּה ה' מִקְדֵּשׁ הַשַּׁבָּת.

6. Continue with the ritual washing of the hands, *n'tilat yadiym*. Remove all rings. Using a cup, water is poured twice over the right hand and twice over the left hand. While drying the hands, the *brakha* is recited. After handwashing until bread is eaten, no conversations are begun.

בְּרוּךְ אַתָּה ה', אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ עַל נְטִילַת יָדַיִם.

*Barukh ata adonai eloheinu melek ha-olam, asher
kideshanu b'mitzvotav v'tzivanu al n'tilat yadayim.*

Praised are You, *Adonai* our God, Master of time and
space, who has sanctified us with Your commandments
and commanded us to wash our hands.

7. *Hamotzi* is recited over two uncut *hallot*.

בְּרוּךְ אַתָּה ה', אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.

*Barukh ata adonai eloheinu melek ha-olam, hamotzei
lehem min ha'aretz.*

Praised are You, *Adonai* our God, Master of time and
space, who brings forth bread from the earth.

After the *brakha*, the bread is dipped in or sprinkled
lightly with salt before distributing.

9. Dinner is concluded with *Shabbat* songs followed
by the *Birkat Hamazon* (Blessing after the meal),
Siddur Sim Shalom, pp. 337 or 345.

A traditional greeting for *Shabbat* is: *Shabbat Shalom!* שַׁבָּת שְׁלוֹם!